Movember Snack Menus

	Monday	Tuesday	Wednesday	Thursday	Friday
A M	Theme: "All Around Town"				1 Carrots, Snap Peas and Cucumbers with Ranch Dressing Dip and Water
PM					Goldfish Crackers and water
A M	4 Cereal Mix with dried fruit and Almond Milk	Cooking: 5 "Gobbler Goop Dip" With Tortilla Chips and water	Cooking: 6 "City Salad Bar" with baguettes and Ranch Dressing with water	7 Sliced bananas and Sunflower Butter Sandwiches & Milk or water	8 Hawaiian Rolls with Pineapple chunks with Milk or Water
PM	Applesauce Pouches and graham crackers	Pretzels and Peanut Butter With Juice	Cereal Mix With Almond Milk	Squeezable Yogurt and Water	Cracker Mix and Juice
AM	Veterans Day	12 Bagels with Cream Cheese, and Water	13 Pretzel Rods, Pasta Sauce and Milk	Orange Fruit chunks and Crackers with Water	15 Cheesy Nachos and Water
PM	School is closed	Cereal Mix and Milk	Drinkable Yogurt and Water	Granola Bars and Raisings With Milk	Mixed Fruit Cups and Graham Crackers with Water
AM	Quesadillas and 18 Water or Juice	Cracker Mix 19 with Juice	Mini Pizzas 20 with Water	"Giving Thanks Feasts" 21 (In Classrooms)	"Giving Thanks Feasts" 22 (In Classrooms)
PM	Yogurt Smoothies and crackers with Water	Mozzarella Cheese Sticks with Pasta Sauce	Fig Newtons with Milk	Graham Crackers with Flavored cream Cheese	Pretzels with Snap Pea Crisps and Juice
A M	25 Thanksgiving Holiday	28 Thanksgiving Holiday	2 Thanksgiving Holiday	Thanksgiving Holiday 19	2024 Westminster Presbyterian Preschool
P M	School is closed	School is closed ********	School is closed ********	School is closed	School is closed ************************************
	Portion Size: Meat or Alernative: ½ ounce	Portion Size: \$\frac{1}{2}\$ cup of Milk(1%) \$\frac{1}{2}\$ cup-100% Juice	Portion Size: ½ cup Fruit ½ cup vegetables	Portion Size: Grains-1/2 ounce 1 serving per day-100%	Portion Size: Water (8 ounces each year of age)

