



# Snack Menu for March 2025



SA T	S U N		Monday	Tuesday	Wednesday	Thursday	Friday
1	2	A M	3 "The Lorax's Lemonade" with Cereal Mix	4 "Cat-in-the-Hat" Parfaits with water	5 Strawberry Salad and Milk	6 Mini Pizzas With Water or Juice	7 Giant Pretzels with Cream Cheese and Water
		P M	Goldfish Crackers and String Cheese with Juice	Animal Crackers, raisins and Orange Juice	Cuties and Graham Crackers	Graham Crackers with nut butter and water	Granola Bars with Milk
8	9	A M	10 Fresh Fruit, graham crackers and Milk	11 Applesauce Pouches, Animal Crackers and Milk	12 Rice Cakes and Cream Cheese with Juice	13 Bean and Cheese Burritos and Juice	14 Penne with Spaghetti sauce and Breadsticks with Milk
		P M	Cracker Mix with Raisins and Milk	Cheerios and Raisins with Milk	Cracker Mix with Juice	Chex Mix with Milk	Veggie Straws and Dried Cranberries and Milk
15	16	A M	17 B.Y.O.G.F. (Bring Your Own Green Food) Snack	18 B.Y.O.G.F. (Bring Your Own Green Food) Snack	19 Cheesy Nachos with Water	20 Cereal Mix and dried cranberries and raisins and Juice	21 Mozzarella Cheese Sticks, pasta sauce and Water
		P M	Rice Cakes and Peanut Butter with Juice	Flavored Cream Cheese on Graham Crackers with Water	Peach Cups and Tortilla Chips with Water or Milk	Pretzel Mix with Juice	Cracker Mix with Juice
22	23	A M	24 Apples & Banana Slices, Graham Crackers and Milk	25 Kids' Cooking Project: "The Garden Salad Bar" with Juice	26 Kids' Cooking Project: "Healthy Flower Snack" with Juice	27 Hawaiian Rolls with Pineapple Chunks with Coconut Milk	28 Spreadable Fruit and Nt spread wraps with Oat Milk
		P M	Pretzel Rods with Spaghetti Sauce and Water	Goldfish Crackers and Juice/Water	Yogurt Cups, with Cheerios and Water	Cracker Mix with Juice	Cheerios Mix with Milk
29	30	A M	31 <b>SP</b>	<b>RI</b>	<b>NG</b>	<b>BRE</b>	<b>AK</b>

Portion Size: Meat or Alternative: ½ ounce Portion Size: ½ cup of Milk(1%) ½ cup-100% Juice Portion Size: ½ cup Fruit: ½ cup vegetables Portion Size: Grains-1/2 ounce 1 serving per day-100% Portion Size: Water (8 ounces each year of age)